

Lara A. Treichel

Theater director & Choreographer

Based in Berlin



<https://lara-treichel.de/en/about-me/>

<https://www.instagram.com/laraatreichel/>

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Professional Summary

A dedicated and passionate theatre professional with a broad and varied background in theatrical direction, choreography, performance, and interdisciplinary arts. Committed to the creation of immersive theatre where through the fusion of words, music, contemporary dance, and video, complex social issues are brought to light.

Key Skills: theater direction, musical theatre direction, choreography, movement direction, performing arts, contemporary dance.

Education

2007-2012 Russian Academy of Theatre Arts – GITIS (Moscow)
Music Theatre Directing Course (class of Roman Wiktyuk)

1994-1998 Chelyabinsk University of Art and Culture
“Choreographer, Lecturer in Choreography”

Experience

- Since 2022 working in Berlin as an independent theater director and choreographer, founded the independent theater company **Kinetic Forest**.
- 2012-2022 Work as a theater director, choreographer and director of body language and movement at various musical and spoken word theatres. Examples:
- Bolshoi Theatre Moscow
 - Stanislavsky Nemirovich Danchenko Theatre Moscow
 - Mayakovsky Theatre Moscow
 - Yevgeny Panfilov Ballet Perm
 - Chelyabinsk State Drama Chamber Theatre
 - and others
- 2008-2012 Choreographer and tutor in the modern dance troupe “Ballet Moscow” (Moscow)
- 2001-2008 Dancer and teacher of contemporary dance and choreographer at the Theatre-Studio for Modern Choreography (Moscow)
- 1998-2001 Dancer at the Chelyabinsk Theatre for Contemporary Dance (Director Olga Pona, Chelyabinsk)
- 1996-1998 Dancer at the Sverdlovsk State Academic Theatre of Musical Comedy (Ekaterinburg)

Artistic Statement

My creative aim is to craft intricate, cross-genre productions that, through the tools of poetic and mystical theatre, address and illuminate pressing social issues, engaging the audience on a profound emotional level. The themes I explore in my work include immigration, domestic violence, and violence in a broader sense.



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3SCHWESTERN3

Role: idea, director, choreographer, actor.

Venue and date: Holzmarkt, Berlin, June 2024.

Kinetic Forest theater company

"3Schwestern3" – cabaret in exile: an artistic exploration of loss and new beginnings.

Blending Chekhov's classic with the spirit of Berlin's exile cabaret, the performance reflects the journey of people starting life in a new country. It moves from euphoria to denial, sadness, and ultimately acceptance. Six actors share their personal stories through dance, music, and theater, creating a sincere experience for the audience.

<https://www.instagram.com/3schwestern3>



The Creation of the World or Kabbalat Shabbat

Chamber opera

Role: choreographer, movement director.

Venue and date:

October 2023

Melanchthonkirche Düsseldorf

February 2024

Alte Synagoge Essen

October 2024

Theater Im Delphi Berlin.



The Creation of the World or Kabbalat Shabbat is a journey through the process of creation, told through modern musical theater. Rooted in the Shabbat celebration, this performance invites moments of unity and reflection, offering a unique and immersive experience.

Blood Wedding

by Federico Garcia Lorca

Destino-opera

Role: director, choreographer.

Venue and date: September 2021

Chelyabinsk Chamber Theater

“Thanatos ascends, triumphant in every aspect, be that through artistic decisions, theatrical execution, or the overarching concept. Blood-red light. A veil transforming into a shroud. Crooked chairs, like leaning tombstones. Funereal lullabies. A bride advancing to her wedding as though to the scaffold. A black wedding gown and countless marks of death. Cast into the “dance floor,” they blossom into a danse macabre.”



Devil in Love by Aleksander Vustin

Opera

Role: choreographer, movement director.

Venue and date: 2019

Stanislavsky Nemirovich Danchenko
Theatre, Moscow



Generation P

by Victor Pelevin

Existential musical

Role: playwright, director, choreographer.

Venue and date: October 2018

Chelyabinsk Chamber Theater

“This performance is dedicated to an exploration of meaning in human existence (or rather it’s absence) within the context of modern world. The performance merges fantasy, mysticism, detective fiction, action, drugs, and cyberpunk, blending reality with hallucinations and revelations, while vividly capturing the atmosphere of the 90s. It carries a distinct irony, almost a parody of our lives.”



The Snow Maiden by Nikolai Rimski-Korsakow

Opera

Role: choreographer, movement director.

Venue and date: 2017 Bolshoi
Theatre, Moscow



Khovanschina

by Modest Mussorski
Opera

Role: choreographer, movement director.

Venue and date: 2015

Stanislavsky Nemirovich Danchenko, Moscow

Performance received national theatre Award "Golden Mask"
in the category of Best Opera Production 2016



Henri

by Marina Sobyagina
Chorus ballet

Role: idea, libretto, director, choreographer.

Venue and date: December 2014
Theater of Musical Comedy Sverdlovsk

An interdisciplinary performance about the life of French Post-Impressionist artist Henri Toulouse-Lautrec, exploring how the artist transforms his uniqueness and perceived flaws into great and eternal art.

“Everything unfolds like a suite – sound, movement, and dance seamlessly intertwine: the music finds its perfect visual counterpart, leaving a strong impression. Each character’s entrance is unexpected, the chorus is graceful, and the dancers display remarkable expressiveness. The predominant style is grotesque.”



War and Peace

by Sergej Prokofiev
Opera

Role: choreographer, movement director.

Venue and date: 2012

Stanislavsky Nemirovich Danchenko Theatre,
Moscow



Casting-Off

Contemporary dance performance

Role: idea, director, choreographer.

Venue and date: 2009

Jevgeni Panfilov Ballet Perm

Performance received national
theatre Award "Golden Mask" in
the category of Best Contemporary
Dance Performance 2010



Les Noces by Igor Stravinsky

Contemporary dance performance

Role: idea, director, choreographer.

Venue and date: 2008

“Ballet Moscow”

